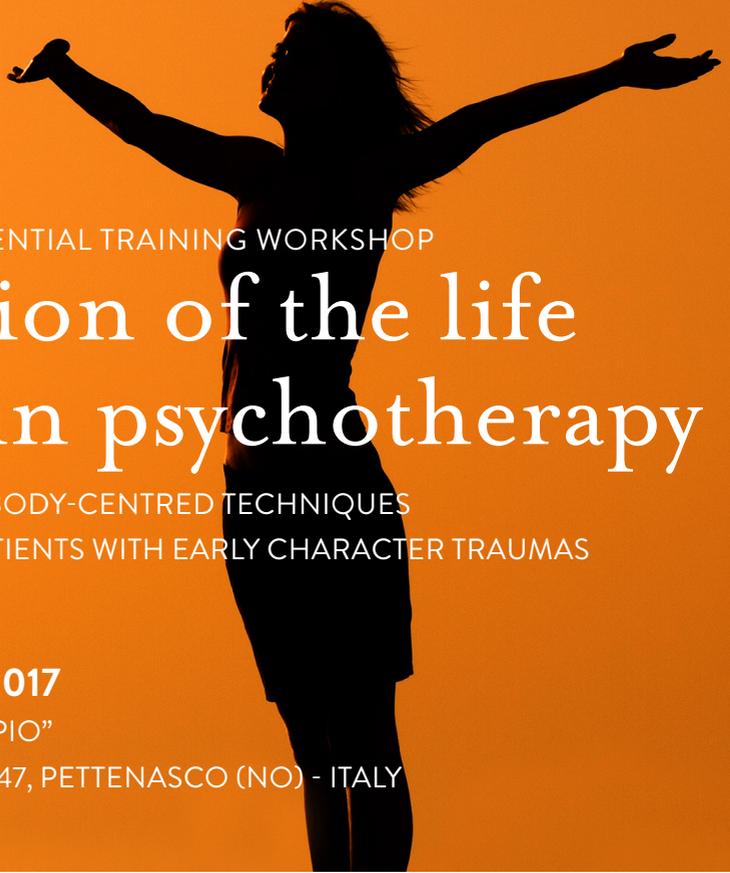




Bioenergetic Research Group
Centro Studi La Ruota



INTENSIVE RESIDENTIAL TRAINING WORKSHOP

Pulsation of the life force in psychotherapy

LEARNING RADIX BODY-CENTRED TECHNIQUES
TO WORK WITH PATIENTS WITH EARLY CHARACTER TRAUMAS

MARCH 8-12, 2017

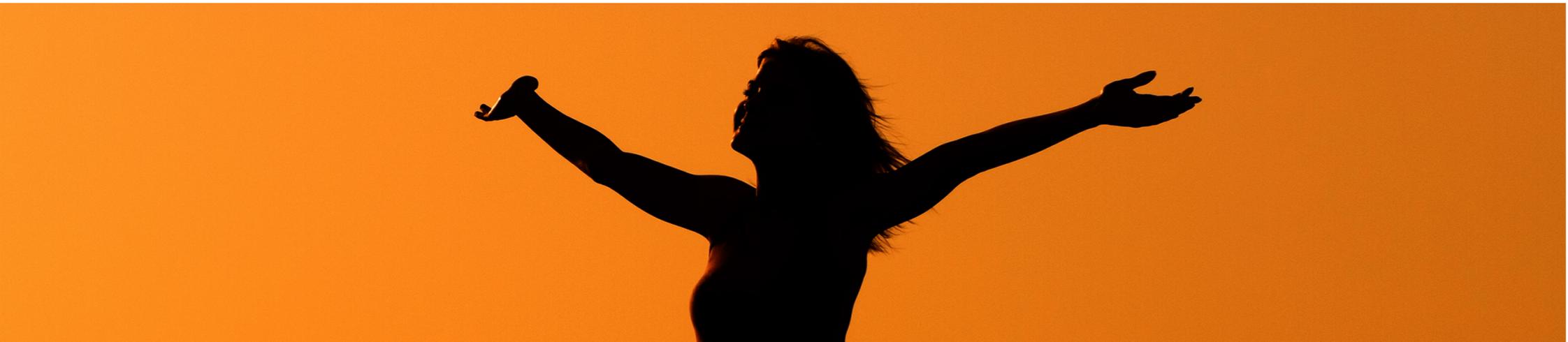
AT "CENTRO D'OMPIO"

VIA PRATOLUNGO 47, PETTENASCO (NO) - ITALY

"Autonomous people go beyond self-awareness, selfcontrol,
independence, and the balance of thinking and feeling.

The autonomous person is purposive and
independent, but something more. Fostering, facilitating,
and furthering this growth and evolution has been my
conscious objective in more than thirty years of learning
and teaching personal growth..."

Charles R. Kelley, Life Force, 2004



RADIX BODY-CENTRED PSYCHOTHERAPY

The Intensive residential workshop pulsation of the life force in psychotherapy is meant to give practical, ready-to-use tools to psychotherapists who wish to extend their professional experience to incorporate the role of the body and emotions in their clinical work with original and effective practices based on the Radix approach. Radix is a psychotherapy approach centred on the body which stems from some of Wilhelm Reich's intuitions and promotes healthy changes which can be presently perceived by patients. The word "Radix" means root but also source; it indicates the life stream present in every human being which generates and integrates emotions, body, mind and spirit.

The Radix approach accompanies this stream to free patients from unhealthy body and mind habits; it enables them to reach a higher level of vitality. The patients can therefore notice smaller or bigger changes in their perception of their own bodies, which leads them to a greater motivation to change and prevents their drop-out.

SOFT CHARACTER STRUCTURES

Patients with early developmental traumas may not have a solid character structure. They may also lack energy. These factors may make it difficult for them to bring the insights they gain in a psychotherapy session spontaneously in their everyday lives. With a body-centred approach, sensitive to the resources of these patients, it is possible help them develop a will, originating in a felt sense of the body, and they will be able to connect what happens in their sessions to their everyday lives.

THE WORK ON THE EYE-SEGMENT

Wilhelm Reich inaugurated a precious field in psychotherapy working on the eye neuro-muscular segment movements. The Radix approach uses its principles and develops them, also in the light of Stephen Porges's research. The patients' eyes become an element of diagnosis, a way to monitor the patient's state of consciousness at once and an area of great therapeutic importance. The work on the eye-segment is the most distinctive tool in the Radix approach, differentiating it from other body-centred approaches.

DOCENTI

Narelle McKenzie

Director and Senior Trainer of the Australian Radix Training Centre. She completed her training with the Radix Institute, in 1982 and established a private psychology and psychotherapy practice in Australia. After completing her trainer training she and Jacqui established the Australian Radix Training Centre. Narelle is a registered psychologist with thirty years experience working in private practice with adults, adolescents, families, couples and groups.



Melissa Lindsay

She has been a Radix Practitioner for over 20 years, and a trainer with the Radix Institute since 2008. She has a Master of Counseling degree with a humanistic orientation, and a Doctor of Psychology degree. Melissa maintains a private practice in Hawaii, working with a broad range of issues, including trauma-related dissociation.



REGISTRATION FEE

The 5 days Intensive Workshop fee is of Euro 600. No VAT is applied for CSR members (subscription fee is of Euro 30). VAT is applied for those not willing to subscribe. The overall cost is still Tax-deductible. Cost of accomodatiion and food at "Centro D'Ompio" is Euro 200 all inclusive. To successfully register, please, send the whole workshop fee through Bank Swift addressed to Centro Studi La Ruota, CREDEM Vigevano (PV), Iban IT28F0303223000010000004263 indicating, in the reason of payment section, the following: "Radix Workshop Registration Name and Surname". The final enrolment date is **20th of January, 2017**.

WORKSHOP LOCATION

The "Centro d'Ompio" is an international centre located by the Orta lake with a wonderful view. It hosts international seminars, workshops and trainings. It is surrounded by a charming setting with beautiful gardens, terraces, a chestnut forest, meadows all connected to each other by alleys streaming, in the countryside, to rilletts, ponds and springs. An enchanting place, ideal for a fruitful experience. To see it with your eyes and check the easiest way to reach it, please, visit www.ompio.org.

